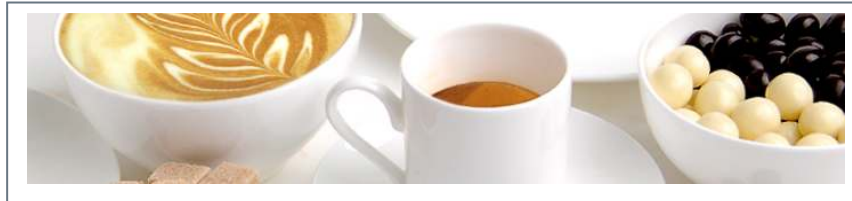


espresso/cappuccino bar

includes a professional barista (attendant), commercial-grade equipment, all beverage ingredients & condiments

100% Arabica coffee, fresh milk, real whipped cream, chocolate, distilled water source, white sugar
sugar-in-the-raw, sweetener, sweetened cocoa sprinkles & cinnamon sprinkles

menu includes: Cappuccino, Café Latté, Espresso, Café Americano, Espresso Con Panna, Espresso
and a selection of teas (Black, Green & Herbal) ~ decaf / lactose-free milk always available.



the burnham

assortment of croissants to include:
butter, almond, & chocolate
fruit display brimming with fresh seasonal delights

the stensson

freshly baked scones
served with our selection of homemade jams
fresh fruit skewers

the culloden

assorted home-baked muffins to include:
mixed berry, apple-cinnamon, & raisin-bran
freshly whipped fruit smoothies

the dennington

cinnamon french toast with pure maple syrup
farmer sausages
citrus fruit salad sprinkled with brown sugar & orange zest

the cromwell

selection of cold cereals
homemade granola with dried cherries
fresh berries & yogurt

the york

hot oatmeal served with cream & brown sugar
selection of toasted bread, served with our homemade jams
breakfast trifle: 6 layers of vanilla yoghurt, granola, diced fruit

the graydon

individual cheesy breakfast bread & butter puddings
assorted fresh fruit skewers
selection of fruit yogurt

the colchester

assorted croissant sandwiches to include:
crispy bacon with egg and lox with whipped cream-cheese
breakfast breads to include your choice of: lemon loaf, banana loaf, or pumpkin loaf
assorted fresh fruit skewers



a la carte items for your consideration

- assorted fruit yogurt ●
- spicy home fries ●
- scrambled eggs ●
- hot oatmeal with cream & brown sugar ●
- toast with creamery butter & homemade jams ●
- farmer sausages ●
- selection of cold cereals ●
- bagels with cream cheese & lox ●
- fresh fruit salad ●
- assorted fruit yogurt ●
- selection of home-baked cookies ●
- Gelato Fresco™ ice-cream ●
- vegetable root chips & assorted nuts ●
- assorted fresh whole seasonal fruits ●
- selection of home-baked muffins ●
- domestic & international cheeses garnished with fresh & dried fruits, assorted crackers & fresh baked breads ●

fruit smoothies

- the hawaiian ● pineapple, bananas and orange juice
- tangerine dream ● bananas, papaya and tangerine juice
- mint refresher ● honeydew melon, lemon yogurt, frozen grapes, and lemon juice
- honeydew lemon heaven ● cantaloupe, lemon sorbet, orange juice, and lemon juice
- fruit swirl ● kiwi, passion fruit juice, raspberries, and yogurt
- berry madness ● mixed berries, bananas, and mango juice
- orange soother ● bananas, dates, avocado and orange juice
- mango passion ● pureed mangos, orange juice, spirulina, fresh ginger, lime juice and vanilla yogurt
- the ultimate ● orange juice, mangos, fresh blueberries, bananas, flax seed, honey and maple syrup
- tofu treat ● bananas, tofu and cranberry juice
- the bomb ● raspberries, bananas, soy milk, plain yogurt and crushed ice
- berry delight ● blueberries, strawberries and raspberry sorbet

